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■ **PREPARE FOR THE RETIREMENT TRANSITION** – p. 8

AMERICAN CHOPPER

■ p. 8



DKCM Shirley Barker retires after 23 years of service

BY CMDR. CHUCK OWEN
NAVAL RESERVE NAVY PERSONNEL COMMAND FOUR

One of the last disbursement clerk master chief petty officers, DKCM Shirley Barker, retired recently from the Naval Reserve after 23 years of service.

Capt. Linda Gaines, commanding officer of Naval Reserve Navy Personnel Command Four, Barker's final unit, said, "Master Chief (Barker) lived the creed of 'honor, courage, and commitment' every moment of every day. Her dedication to the mission, the task at hand, and most importantly, each and every sailor was inspiring.

"The Navy is lucky indeed to have her, whether she's in uniform or not, as she's a true example of a patriot."

A native of Kennesaw, Ga., Barker has served in Navy Reserve units in Atlanta; New Orleans; Mayport, Fla.; Washington and Millington. In her civilian life, she is a Navy employee with 32 years of service and is currently a senior budget analyst for Navy Recruiting Command in Millington.

Barker states that she loves reading Navy regulations, but her thoughts are always on people. As a Navy civilian employee in the aftermath of the USS Cole (DDG 67) attack and as a mobilized reservist following 9-11, Barker dealt with family members of the fallen. She counts the support given to the families of the victims of those attacks as one of the greatest honors of her life.

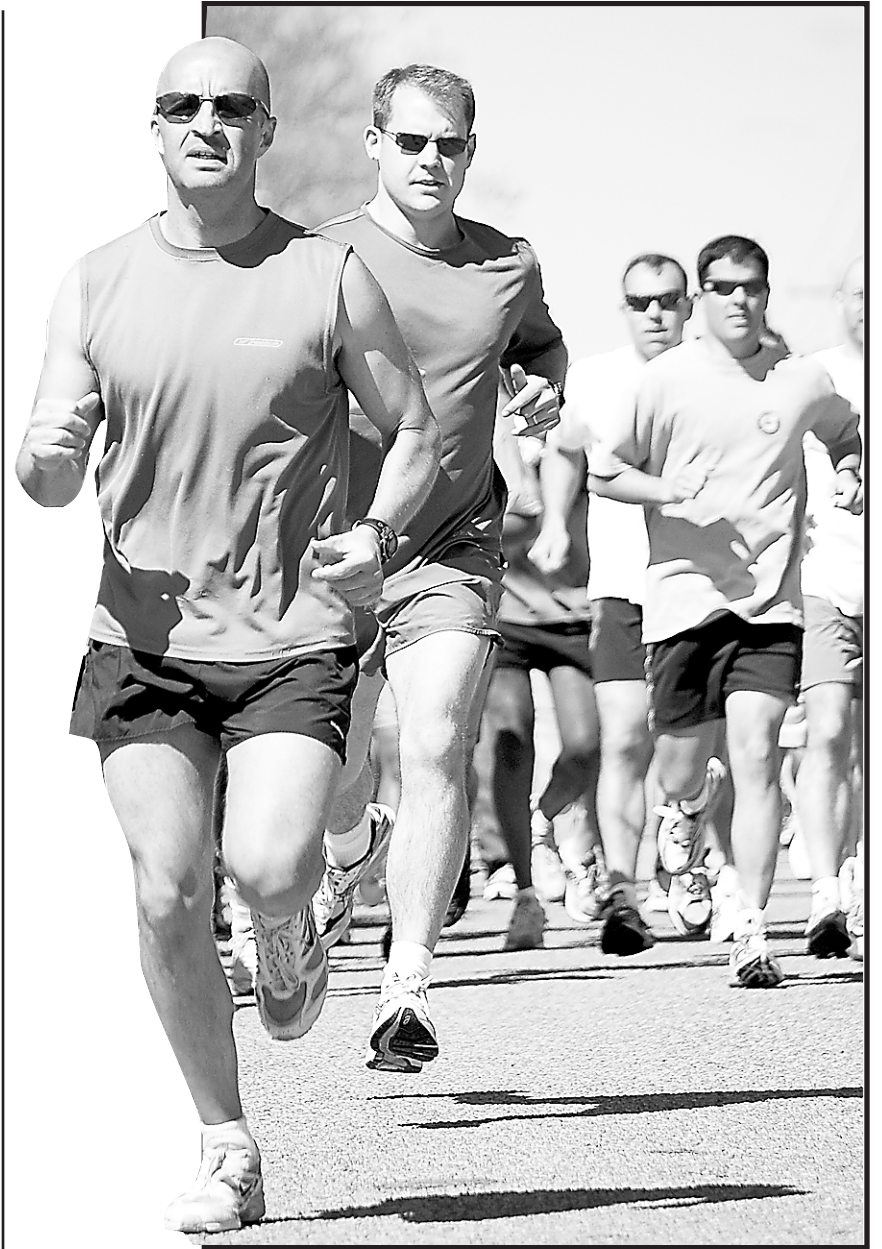
Barker has seen many changes in the Navy during the course of her career. She is proud of the way the Navy culture has evolved over time to encourage racial and gender tolerance, to focus on personal responsibility and to better accommodate family life for Navy members.



Going Ashore - AECS David Bailey presents a stained glass master chief petty officer insignia to DKCM Shirley Barker at her recent retirement ceremony marking the end of 23 years of service in the Navy Reserve. (Photo Courtesy of Cmdr. Eugene Kiernan)

She is also keenly aware of the way that reservists are highly valued for their skills and dedication by active component personnel - a sense of integration that was not always present in past decades.

As Barker departs, she urges all Navy leaders to remember to mentor, guide and support the "white hat" personnel. She also reminds us that these younger members are the future of our Navy, the people to whom the torch will be passed.



And They're Off !

The weather was outstanding on Monday for the 149 runners participating in MWR's "Earth Day Run Walk 2006". (Photo by Art Frith)

Tennessee State Guard members become CERTified

BY ART FRITH
NSA MID-SOUTH PUBLIC AFFAIRS

Natural disasters, such as the severe thunderstorms and tornadoes that occurred Sunday night, can affect the lives of people all across the Mid-South. Should a disaster strike here, members of the Tennessee State Guard (TNSG) are ready and able to assist victims.

To ensure they are prepared, 25 members of the TNSG's 1st Regiment spent this past weekend attending a two-day Civilian Emergency Response Training (CERT) course in Memphis. This

course, which is conducted by the Memphis/Shelby County Emergency Management Agency, is the largest CERT program in Tennessee. The TNSG members received classroom instruction in disaster preparedness, first aid and fire suppression, which included hands-on training in the proper use of the various types of fire extinguishers.

The CERT program is a 17-and-a-half-hour disaster preparedness course, supported by FEMA, which is designed for business and community organizations like the TNSG. This program is the nationally accepted federal standard for community response

team training. Based on a model created and implemented by the Los Angeles City Fire Department in 1985, FEMA began promoting nationwide use of the CERT concept in 1994.

The CERT program educates people about disaster preparedness for hazards that may impact their communities and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations. According to Emergency Management Agency Director Claude Talford, "During a disaster, emergency services will be overwhelmed. We urge all citi-

zens to be prepared to take care of themselves for at least one week."

Lt. Col. Brian Willemssen, commanding officer of the TNSG 1st Regiment, says CERT is only the latest round of disaster preparedness training for his unit, "We take every opportunity to better prepare ourselves to deploy when called on by the governor," he said. "The CERT training was a wonderful opportunity for our prior service members to review some of their fire-fighting and medical responder training, and an excellent orientation for our non-prior service personnel to combat fires, provide first aid and

conduct basic search and recovery operations." The 1st Regiment members include several firefighters and EMTs, who enhanced the training provided by CERT.

Later this month, the 1st Regiment will participate in tornado safety training. Future training evolutions will include a search-and-rescue field exercise in Milan in September, and CPR and an annual hazardous materials clean-up drill with the city of Memphis in October.

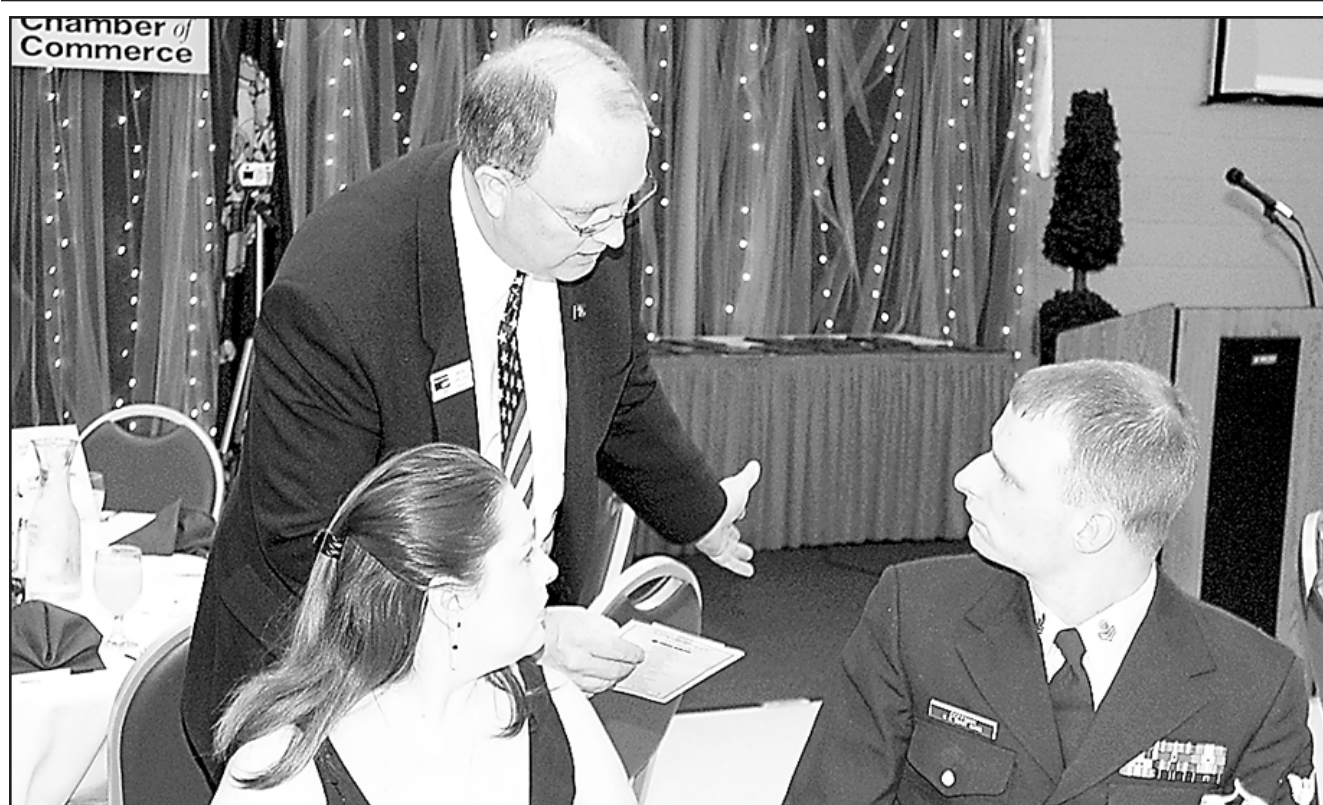
As a result of the training

— See CERT, 4 —

60 YEARS
Serving
our Navy Family

NEX

**See Story
on Page 4**



YOU ARE appreciated

Vivian Jones looks on as Millington Chamber of Commerce President Ordis D. Copeland speaks with OSI Joel Coffman, USCG during the 2006 Military Appreciation Breakfast held last Thursday morning at the NSA Mid-South Conference Center. Coffman was one of 22 enlisted military members honored at this annual event. (Photo by Art Frith)

Send us your comments to bluejacketmil@yahoo.com.

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COMMENTARY



From the Fleet - Wanted: Hybrid sailors



BY FLTCM(AW/SW)
JON R. THOMPSON

From everything I hear, the littoral combat ship (LCS) is entering the fleet with a splash. The LCS is small, fast and lethal. What's more, the sailors who serve aboard this new class of ships are going to find the assignment completely unique. If you're looking for a challenge, and think you might be willing to be a part of something new for the Navy, you might want to keep reading.

The LCS is a networked, agile, stealthy surface combatant. In addition to the core missions, the ship will utilize reconfigurable mission modules that will allow it to counter threats from surface craft, submarines and mines. Having a full-load displacement draft of only 10 feet, the ship will have the ability to access very shallow waters. Its top speed is about 50 knots, and it has a range of more than 4,300 nautical miles.

The core capabilities include mobility, special operations forces, intelligence, surveillance, reconnaissance, maritime interdiction operations, homeland defense, anti-terrorism and force protection, and the three focused missions that combatant commanders need to counter: mine and undersea warfare, anti-submarine warfare and surface warfare.

The open architecture will allow mission modules to be loaded on and off the ship in a relatively rapid period of time. This flexible feature allows a theater commander to dictate what the mission of the ship is on the day that he needs it, rather than having to rely on outside shipyards or upgrades that take long periods of time and cause mission delays.

The ships are configured with a helicopter deck and hangar. The deck is capable of launch and recovery of the MH-60R/S helicopter and tactical unmanned air vehicle. The ships can carry out aircraft launch and recovery in conditions up to Sea State 5, i.e., in winds up to 27 knots and average wave heights between 6.4 feet and 9.6 feet. The ships will be capable of launching and recovering watercraft — for example, 40-foot high-speed boats, within 15 minutes in conditions of Sea State 4, i.e.,

waves up to 5 feet and winds up to 21 knots.

The ships will carry provisions for 21 days and have the capability for underway replenishment.

The flexibility of the LCS to perform many different missions, with a relatively small crew, makes this ship extremely attractive to our Navy. Staffed by a crew ranging in size from 15 to 50, the nucleus crew will be augmented by special mission crews that will embark on a mission-need basis. In total, the ship can berth approximately 75 people. Each ship will also have two crews, a blue crew and a gold crew. Each crew will have a commanding officer, executive officer and a command senior chief. Unlike most ships, the only two people aboard this type of ship who won't stand a watch are the commanding officer and executive officer. The command senior chief will, in addition to his or her normal duties, stand watch as an officer of the deck (underway).

Shipmates, the LCS is simply incredible. As much as I could go on and on about the technical capabilities of this new type of ship, I'm more interested in generating your enthusiasm for duty aboard this new ship class, because of what it will mean to our Navy and perhaps to your

own career.

While there is some debate about the total number of ships that will be built, we will have many of them. Some suggest we may have 50 or more. For every sailor who ever felt lost among a crew, this ship offers a chance to serve that will ensure you are an integral part of the ship and its mission. The LCS will have no extra personnel. There will be no wasteful duties and no sailor assigned will perform meaningless work. Every sailor counts.

The two-crew concept has many merits. While one crew is at sea, the other will be ashore training. This rotation allows the ship to be deployed to a greater extent,

maximizing the ship's operational impact to the fleet, yet protecting the individual deployment tempo of the crew. I see this as a win-win concept.

Proven for years aboard ballistic missile submarines, having two crews is not a unique idea. The Navy has seen many successes in this area, and if you truly want to learn more about the merits of two crews, ask any submariner who has served aboard a ballistic-missile submarine and get his opinion.

Having served aboard many ships, including aircraft carriers, I can tell you the advantages of serving aboard such a small ship seem great. If you think you might like

serving in a command where your efforts truly matter, where you know for sure others depend on you, where you perform many diverse jobs, where you split your time aboard the ship and ashore; and where you serve on sea duty, yet have the ability to further your education ashore, the LCS might be right for you. The "hybrid" sailors who man these new ships will develop skill sets not possible aboard many other Navy ships. If you think you're up to the challenge, and belong to a surface rating, contact your detailer and look into the possibility of serving aboard an LCS. The Navy is looking for some great sailors. Are you one of them?

CALENDAR OF EVENTS

Now thru April 14 - USTA Junior Tennis League Now Forming - Registration is now underway for the USTA Mid-South Junior Tennis League. The league will be made up of co-ed teams from the following divisions: 10 and younger, and 10 to 14. If you like tennis and are interested in participating, please call 872-0118 to find out more and to register. We are looking for not only players but for coaches as well. No experience is needed for either.

Today - ENVISION Vendor Expo at the NSA Mid-South Envision Servmart (Bldg. S-242) from 9 a.m. to 2 p.m. ENVISION provides choices for people who are blink or have low vision.

April 7 & 8 - The Shelby County Sheriff's Dept. will be conducting free car seat inspections during the Kidstown Children's Consignment Sale at the AgriCenter International (Apr. 7, 9 a.m.-6 p.m., Apr. 8, 9 a.m.-1 p.m.).

April 8 - The annual Easter Egg Hunt sponsored by the Mid-South First Class Petty Officers' Association will be held from 11 a.m. to 2 p.m. at the pavilion next to the Youth Center. Join in for the egg relay race, the egg toss, Easter egg hunt, a pie-eating contest, the Space Walk, face painting contest, refreshments on sale, and much more. Contact YNI Mercer @ 874-4847 or CTAI Reid @ 874-3829 for more information.

April 8 - Soprano Harolyn Blackwell and baritone Dean Elzinga join the Memphis Symphony Orchestra in honoring of the 40th anniversary of the Memphis Symphony Chorus with "Brahms: A Choral Celebration" on Apr. 8 at 8 p.m. The concert will be at the Cannon Center for the Performing Arts in downtown Memphis. **Easter Services Schedule** - April 9, Palm Sunday Service, 8:30 a.m. and 10:30 a.m. @ the Chapel; April 14, Good Friday Service, 11:30 a.m. @ the Chapel; April 16, Easter Sunrise Service, 7 a.m. @ Navy Lake; April 16, Easter Service @ the Chapel, 10:30 a.m.

April 19 - The American Society of Military Comptrollers Tri-State Chapter will hold its monthly meeting on Wed., Apr. 19 from 11:30 a.m. - 1 p.m. @ the Helmsman Complex. All are welcome. Tickets, which cost \$7.50 for all attendees, must be paid in advance. Make checks payable to "Tri-State Chapter ASMC." Tickets need to be purchased by April 14.

April 20 - A Sponsor Training Workshop will be held from 11 a.m. - noon in the FFSC Classroom 2. This training will teach sponsors how to assist incoming personnel to overcome relocation difficulties and apprehension associated with the PCS move. Each command should have their assigned sponsors attend this training. Contact Linda Busby at 874-5075 to register.

Navy-Marine Corps Relief Society offers assistance if a personal emergency occurs. This organization exists to help Sailors, Marines and their families in need. The hours of operation are as follows: Monday through Thursday 9 a.m. to 1 p.m. If help is needed, please call NMCRS to schedule an appointment at 874-7350. The newly renovated Navy-Marine Corps Relief Society Thrift Store is open Tuesday through Friday from 10 a.m. to 2 p.m. and the first Saturday of the month.

Monthly - The Memphis chapter of the Vietnam Veterans of America meets at the Ridgeway Baptist Church the first Thursday of every month at 7 p.m. Veterans, family and friends of veterans and those interested in learning more about Vietnam Veterans are cordially invited to attend. Please call Paul Boundy at 874-3947 for more information.

This civilian enterprise newspaper is an authorized weekly publication for members of the military services. Contents of *The Bluejacket* are not necessarily the official views of or endorsed by the U.S. Government, the Department of Defense or the Department of the Navy. The appearance of constitute endorsement by the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, or *The Millington Star*, of the products or services advertised. Everything advertised in this publication shall be made available for purchases, use or patronage without regard to the race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit act of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. Published by *The Millington Star*, a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Commanding Officer, Naval Support Activity Mid-South, Millington, Tenn. News photos, unless otherwise credited, are official U.S. Navy photos. All news copy will be screened by *The Bluejacket* office, building S-455. Copy must be submitted no later than close of business Thursday prior to Thursday publication. Editorial content is edited, prepared and provided by the Public Affairs Office of Naval Support Activity Mid-South.

Chaplain's Corner
PASSOVER

BY CHAPLAIN ROB BEEDE

Passover will be celebrated by Jewish personnel beginning at sunset Wednesday. This celebration commemorates how Pharaoh enslaved the Israelis in Egypt around 3,500 years ago. Moses was chosen by God to lead the people to the promised land (now known as Israel). Pharaoh refused to let the people go, so God sent 10 plagues to help persuade Pharaoh to release His people. The 10th plague resulted in all the Egyptian firstborn being killed.

The Israelites were instructed to bring a "Passover offering" to God: a lamb or kid was to be slaughtered and its blood sprinkled on the doorposts of every Israeli home, so that God would pass over their homes when He came to kill the Egyptian firstborn. The roasted meat of the offering was to be eaten that night, together with matzah (unleavened bread) and bitter herbs.

Pharaoh's resistance was finally broken, and he actually chased the Israelis from his land. After more than 400 years of slavery, the Jews were free.

If you would like more information, or desire to attend a Seder (the Passover supper), please consult <http://www.jewishmemphis.com> or call the base Chapel at 874-5341.



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April 2006

Calendar of Events

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<div>*Limited stock</div> <div>2</div> <div>25% Off</div> <div>All Covergirl, Revlon & Almay Cosmetics</div>	<div>While they last!</div> <div>3</div> <div>25% Off</div> <div>Seraphin Angels, Just The Right Shoe, & Cherished Teddies</div>	<div>4</div> <div>Basic Concepts</div> <div>Crochet Handbags</div> <div>7.99-9.99</div>	<div>5</div> <div>Navy Exchange</div>	<div>6</div> <div>20% Off</div> <div>Alfred Dunner, Hearts Of Palm, JH Collectibles & Caribbean Joe</div>	<div>7</div> <div>Haggar Mens Dress & Casual Pants</div> <div>20% Off</div>	<div>8</div> <div>Save 50% Off</div> <div>Mall Prices on Eastland Ladies' Sandals & Clogs</div>
<div>9</div> <div>Entire stock of towels, bath accessories, pillows, & mattress pads</div> <div>20% Off</div>	<div>10</div> <div>Flower Shop</div> <div>20% Off</div> <div>Any Custom Floral Arrangement</div>	<div>11</div> <div>Denim Days at the Navy Exchange</div>	<div>12</div> <div>NEX Sale Begins</div>	<div>13</div> <div>Easter Bunny Bingo 5-8</div>	<div>14</div> <div>20% Sunglasses by Fossil, Tommy Hilfiger, Guess, Solargenics, and Personal Optics</div>	<div>15</div> <div>4/\$9 12 pk Cans</div> <div>Coca-Cola</div>
<div>16</div> <div>Happy Easter Main Store Hours 12-6</div>	<div>17</div> <div>25% Off</div> <div>Entire Stock of Claire Burke</div>	<div>18</div> <div>30% Off</div> <div>All 14K Gold Chains & Bracelets</div>	<div>19</div> <div>NEX Sale Begins</div>	<div>22</div> <div>Reebok</div> <div>\$10 Off Reebok Premier Running Shoes</div>	<div>21</div> <div>Elizabeth Arden</div> <div>Purchase \$25 of EA Products and Receive a Free Gift</div>	<div>22</div> <div>20% Off</div> <div>All regularly priced Diamond Jewelry</div>
<div>23</div> <div>20% Off</div> <div>Rosetti & Liz Claiborne Handbags</div>	<div>24</div> <div>Mens</div> <div>Basic Concepts</div> <div>Polos & Woven Short Sleeve Shirts</div> <div>7.99-9.99</div>	<div>25</div> <div>Buy Any 3 Greeting Cards And Get 3 Stamps Free!</div>	<div>26</div> <div>NEX Sale Begins</div>	<div>27</div> <div>Children's</div> <div>9.99 Screen T-Shirts by ROXY O'NEILL</div>	<div>28</div> <div>20% Off</div> <div>Ray-Ban Sunglasses</div>	<div>29</div> <div>Navy Exchange Spring Fashion Show 1:00-3:00</div>
<div>Bonus Buy!</div> <div>30</div> <div>Bissel</div> <div>Lift-Off Revolution Vacuum</div> <div>159.99</div>	<div>Gift CARD</div> <div>NEX</div>	<div>The Right Choice For Every Occasion</div> <div>*Try a Gift Card from Your Navy Exchange, good for merchandise & services</div> <div>*It's a great idea for authorized shoppers, & it's available in amounts from \$5 & up</div> <div>*Gift card displays can be found throughout Your Navy Exchange</div>	<div>Victoria Secret</div> <div>Flavor of the Month</div> <div>Pear Glacé</div>	<div>April New</div> <div>Fragrances</div>	<div>*Curious-Britney Spears</div> <div>*Begin-Niki Taylor</div> <div>*LanÔme-Rue De Beaute</div> <div>*Lovely Keepsake</div>	

RECOGNITIONS



Army team player

Left, J. R. Harrison (right) receives the U.S. Army Corps of Engineers (USACE) Finance Center Team Player of the Quarter Award from Thomas L. Brockman, USACE Finance Center Director. Harrison is an accountant in the Cash and Military Reports Division. During the quarter, he successfully resolved more than \$9 million in aged transactions with the Department of the Treasury. (U.S. Army Photo)



Well Done

Above, Sandra Horton is presented a certificate by NSA Mid-South executive officer Cmdr. Russell Chang in recognition of her selection as the command's GS-6 and Below Civilian of the Quarter. Other awardees recognized were: GS-7 and Above winner Eric V. Henry, and GS-7 and above runner-up Ursula P. Robinson. (Photo by David W. Crenshaw)

Civilian of the quarter

Below, James Sawhook receives a Fleet Support Senior Civilian of the Quarter, Fourth Quarter for calendar year 2005 award. He is the Program Analyst for NPC's Policy and Oversight Division (PERS-61). Sawhook was awarded for developing and managing the first-ever Personal Finance Management instruction for the Secretary of the Navy. J.W. McCausland presented the award. (Photo by JOC Teresa Frith)



Achievement medal recipient

Above, PSI Stephanie D. Watkins, Naval Support Activity Mid-South 2005 Navy Ball co-chair from August to October 2005, receives a Navy and Marine Corps Achievement Medal for demonstrating exceptional leadership, ingenuity and drive in the coordination of the highly successful event, with 400 attending guests. J. W. McCausland presented the award. (Photo by JOC Teresa Frith)



Commendation medal recipients

Above, PSCS Clarence E. Mitchell Jr., Pay and Personnel Administrative Support System assistant program manager and Reserve Implementation coordinator for the Navy Personnel Command (NPC), received a Navy and Marine Corps Commendation Medal for his selection for NPC's 2005 Senior Leadership Award.

Below, HMC Scott Martin, Naval Special Warfare Seal E-6 and Below detailer for NPC, received a Navy and Marine Corps Commendation Medal for his selection for NPC's 2005 Senior Leadership Award. (Photos by JO2 Amie Hunt)



A long time coming

Above, Tonya Barker received her 20-year Length of Service Award from Capt. Ramé Hemstreet, commanding officer of the Naval Facilities Engineering Command Midwest. Barker is the deputy public works officer of NAVFAC Midwest PWD Mid-South. (Photo by Art Frith)

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LEGAL LESSONS

By David Britton Peel
Attorney at Law
www.coleandpeel.com



A mighty thin pancake

I had a nice gentleman call in to my firm a while back with a rather surprising story.

Apparently, he had financed a truck from a dealership, and driven it home. Almost a full 30 days later, he called the dealership to get the address to mail his first payment. For a while, he received some confusing replies. Eventually, he was told to bring his new truck back to them. They said he had not been approved on his financing after all, and he had to return the truck. The dealership had apparently intended to contact him earlier, but it had "slipped through the cracks."

Understandably, he was upset. He had been driving his truck for 30 days and was prepared to make his first payment.

He wanted to know from me if this was legal. The short answer is always, "it depends." In this case, it would depend on the agreements he signed to purchase the truck and take it home. Since he was financing at the lot, the finance department was "shopping his loan" to their lenders. Car finance paperwork generally allows for this necessary step, which can take weeks. This part can be avoided easily by either paying cash, or getting one's financing at a bank or credit union, and paying that borrowed cash for a vehicle.

After I talked with this nice fellow, I asked him if this was really a bad thing, after all?

When he read me the interest rate, terms and fees, we both felt that this might be a golden opportunity to walk away from a hasty deal that was just not the best financial decision. In other words, he had felt ripped off and was ready to fight back. I told him to consider that he was almost ripped off and he ought to go kiss them for letting him walk away.

He took it back, canceled the deal and bought his friend's truck for much a better deal. I had asked him to look at it the other way, in effect. Indeed, the perspective is all that really changed.

Sometimes the very thing we fear we should actually embrace. We will occasionally call evil "good" and good "evil" in our lives. Proverbs 18:17 says that "The first to present his case seems right, till another comes forward and cross examines him."

Or, as the late great Dr. Adrian Rogers used to say, "it's a mighty think pancake that doesn't have two sides."

— David Britton Peel is a Millington attorney who primarily handles serious injury, death and disability cases, along with closings and wills. If you would like to contact Mr. Peel, you may do so at 901-872-4229 or at dpeel@bigriver.net. Mr. Peel is also available to speak to your church or club.

BROWNSTONE RESTAURANT

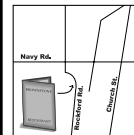
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EMPLOYMENT OPPORTUNITY

Director, NMCRS Millington

The Navy-Marine Corps Relief Society needs an experienced manager (part-time, 20hrs/wk) to direct operations at our Naval Air Station Mid-South Millington office. Prior association with NMCRS, as an employee or a volunteer, will be a significant factor in evaluating a candidate's qualification for this position.

Required Qualifications

(1) AA/AS degree (or 1-2 years related experience) (2) Experience in recruiting and retaining volunteers in an organization similar to NMCRS, proven ability to motivate and coordinate the efforts of others to achieve organizational goals; (3) Two years supervisory experience with demonstrated superior leadership, interpersonal and communication skills; (4) Experience in public speaking or as a training facilitator.

Ideal Qualifications

BS/BA; Experience providing personal financial management counseling to others; Knowledge of military pay & allowance systems, military command structures, and military service life as a service member or dependent family member; Familiarity with Microsoft Office.

All candidates must submit a completed and signed employment application to be considered for an interview. You may obtain an application from our Millington office at Naval Station Mid-South, Building S-456, 5722 Integrity Dr., Millington, TN 38054-5045 (Phone: (901) 874-7350, Fax: (901) 874-7360; or from the Society's HR Office in Arlington, VA. Mail or fax application to: NMCRS Headquarters, Attn: Human Resource Division, 875 N. Randolph Street, Suite 225, Arlington, VA 22203. Fax: (703) 696-0144, no later than COB, Friday, April 14, 2006. **Starting Salary \$14/hr.** Although we will acknowledge receipt of all applications, only those selected for interview will receive additional notification. E.O.E.

CERT

CONTINUED FROM 1

received last weekend in the classroom and exercises, the TNSG 1st Regiment personnel are now better prepared to assist others in their neighborhoods, communities or workplaces, should an event occur when professional responders are not immediately available.



ALL FIRED UP – Civilian Emergency Response Training (CERT) instructor Willie Hollinger guides Tennessee State Guard Staff Sgt. Richard Threlkell in the proper use of a fire extinguisher during last weekend's CERT course in Memphis. (Photo by Art Frith)

Navy Exchange System to celebrate its 60th anniversary

COURTESY OF THE NEX

The Navy Exchange System is celebrating a big anniversary. Over the past 60 years, the Navy Exchange has worked diligently to fulfill its mission to provide quality goods and services at a savings and to support quality of life activities to its authorized patrons.

"The Navy Exchange System has been an important non-pay benefit for our sailors and their families for 60 years," said Capt. George Avram, vice commander of the Navy Exchange Service Command (NEXCOM). "We are part of the Navy and proudly serve alongside our service members wherever we're needed, just like we have been since the 1800s."

Navy Exchanges have come a long way, since the days when bumboats sold their wares to sailors aboard naval vessels in the 1800s. Back then, sailors had to depend on these unreliable boats to get their personal items while aboard ship. Unfortunately, goods sold by the bumboats were typically inferior and sold at very high prices.

As an alternate to bumboats, many Navy ships operated canteens, so that the money spent by the crew members stayed on the boat to improve the quality of the food served by the general mess. The first canteen opened on board USS Indiana in 1896.

By 1909, the Naval Appropriations Act established the first official resale activity, the ships' stores and commissary stores. The act allowed the Navy to procure and sell merchandise to Navy and Marine Corps officer and enlisted men and to civilian employees at naval stations outside the continental United States and Alaska.

In 1925, the ships service was created to provide Navy crewmembers nearly any legal article of merchandise, without the profit restrictions placed on the ships' store. However, these ships services had no foundation in law.

It became clear by 1942 that there was no need or space for two ships service-type stores aboard Navy ships. A recommendation was made to the chief of naval operations by the supply officer for the U.S. Atlantic Fleet to merge the two stores into one official ships store operation. The recommendation was accepted and, by 1944, the secretary of the Navy made the establishment of the merged stores mandatory on all ships that had a supply officer and permissive on all naval activities.

Ships' service stores ashore also began steps toward centralization in 1945, when a committee was formed to study the resale activities. The recommendation of the committee, headed by Capt. Wheelock H. Bingham of the U.S. Naval Reserve Supply Corps, was that all resale activities be operated like a large chain of retail stores and that a central office be established to oversee the operation of the Navy Resale System.



It's a Celebration - Capt. Matt Straughan, NSA Mid-South commanding officer, joined the Navy Exchange crew Monday to help kick off the NEX's 60th anniversary celebration. (Photo by Art Frith)

The new central office for the Navy Ships Store Office was established in Brooklyn, N.Y., on April 1, 1946. This office was later renamed NEXCOM and relocated to Virginia Beach, Va., in 1993.

Today, NEXCOM provides oversight for 109 Navy Exchange complexes, with 433 stores, as well as 43 Navy Lodges, 155 ship's stores and the Uniform Program Management Office. It also manages postal operations, food service — both ashore and afloat, disbursing/ATMs-at-Sea and household goods/personal property.

"Times have changed, but this will always be true: The Navy Exchange is part of a network that supports sailors and their loved ones," said CMDM (SW/AW) David James, NEXCOM's command master chief. "Your NEX is there — in boot camp, during deployment, at homecomings, in retirement — for life. When it comes to taking care of sailors, the NEX does it like no other. Our mission is YOU."

As with any organization, it is the people who make it successful. The Navy Exchange System is no different.

"I want to thank our more than 14,000 associates worldwide, who provide outstanding service to our customers, day in and day out," said Avram. "Without them, we wouldn't be here to celebrate 60 years of service. Their dedication to their jobs and to the people they serve is exemplary."

One associate has been


working for the Navy Exchange System for 55 of the 60 years it has existed. Edgar McShane, a photographer at NEX Great Lakes, Ill., started his career with the system in March 1951.

"A lot has changed since I started," said McShane. "Back then, we did everything by hand — printing, developing, enlarging and

delivering the finished prints."

McShane still enjoys his job and even came back from retirement ten years ago to work part-time framing photos.

Throughout the year, Navy Exchanges worldwide will have special local celebrations and giveaways to commemorate the anniversary.



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DO YOU WANT TO BE SAVED?

Only one time, in the entire Bible, is the question asked, "What must I do to be saved?" (Acts 16:30). In the next verse (Acts 16:31) the question is answered, "**Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.**"

Remember:

Hell's Hot
Life's Short
Death's Sure
Eternity's Long
and, "There Ain't No Exits In Hell."

NO MAN KNOWS, HOW SOON IT IS TOO LATE

"Thou shalt not take the Name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh His Name in Vain."

Exodus 20:7

Any way that you use God's Name, the Lord's Name, Jesus' Name, other than in a Holy manner, is taking His Name in vain.

"For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life."

John 3:16

Acts 2:21 and Romans 10:13 indicate that, "whosoever shall call upon the name of the Lord shall be saved." In the next verse, Romans 10:14 it says, "How then shall they call on him in whom they have not believed?" Believing precedes calling upon the name of the Lord. Jesus Himself said in John 14:6 "I am the way, the truth, and the life: **no man that cometh unto the Father, but by me.**" God reaffirms this truth in 1 Timothy 2:5 saying "For *there* is one God, and one mediator between God and men, the man Christ Jesus." When someone says "repeat this prayer after me to be saved" it is making people feel like they have to "do" something to be saved, other than **believing**. If someone is asked to say a prayer to be saved, the person who says the prayer is still on his way to hell, after repeating the prayer, if he hasn't believed in his heart. Nowhere in the Bible is it found that a person has to pray a prayer to be saved. God does not hear a prayer unless you go to God in the name of Jesus Christ, **The Only Mediator between God and man**. Jesus Christ is not your Mediator, unless He is your Lord and Savior. So according to God, the steps are, first, you **believe** in **Jesus Christ** as **your Lord and Savior**. By **believing** as Acts 16:31 indicates, you are **saved!** Acts 16:30,31 is the only time in the Bible where the question is asked, "what must I **do** to be saved?" God, answering through Paul, said, "**Believe** on the Lord Jesus Christ, and thou shalt be saved." By being saved, Jesus Christ is your Lord, Savior, and Mediator between God and yourself. Now you can pray to God, because you have the Mediator, Jesus Christ.

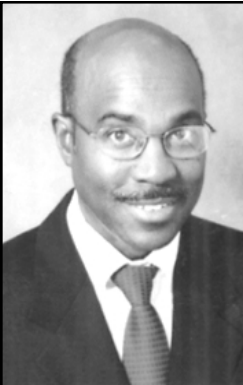
I believe that when a person "prays" to God, without being saved, his prayer goes no higher than the ceiling, and God probably says, "Who do you think you are, to think that you can come to Me, without coming to Me in the only possible way that I have set out in My Word? For you to come to Me, through My Only Begotten Son, Jesus Christ, the One and Only Mediator between you and Me." You don't just pull Jesus Christ out of the air, and say today I want You to get me to God, be my go-between for God! It doesn't work that way. Jesus Christ is either your Lord and Savior, making Him your Mediator, or, if Jesus Christ is not your Lord and Savior, He is not your Mediator. I believe it is very important to stress that you are saved by **believing only**. John 3:16, probably the most quoted verse in the Bible, says that, "whosoever **believeth** in him should not perish, but have everlasting life." Again, this passage clearly prescribes believing, not repeating a prayer. In John 3:4, Nicodemus asks Jesus, "How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?" He was asking this in regard to Jesus' statement in John 3:3, that a man needs to be born again. Jesus' answer in John 3:5 and following is "Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God." Nowhere does Jesus say, pray to be saved, it is **always believe**.

Years ago, I heard Dr. Donald Grey Barnhouse say "I'm deeply offended when I hear a prayer that does not end with the idea that God must be approached only through the Name and the Being of the Lord Jesus Christ." Ephesians 1:13 says "In whom (Christ) ye also trusted, after that ye heard the word of truth, the gospel of your salvation; in whom also after that ye **believed**, ye were sealed with the Holy Spirit of promise." Romans 10:9 tells us "That if thou shalt confess with thy mouth the Lord Jesus, and shalt **believe** in thine heart that God hath raised him from the dead, thou shalt be saved. "For with the heart man **believeth** (first) unto righteousness; and with the mouth confession (next) is made unto salvation." How many people have gone to hell or are going to hell by putting their trust in the ungodly "pray the sinners prayer" or "repeat this prayer after me", instead of **believing**. John 3:36: "He that **believeth** on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him."

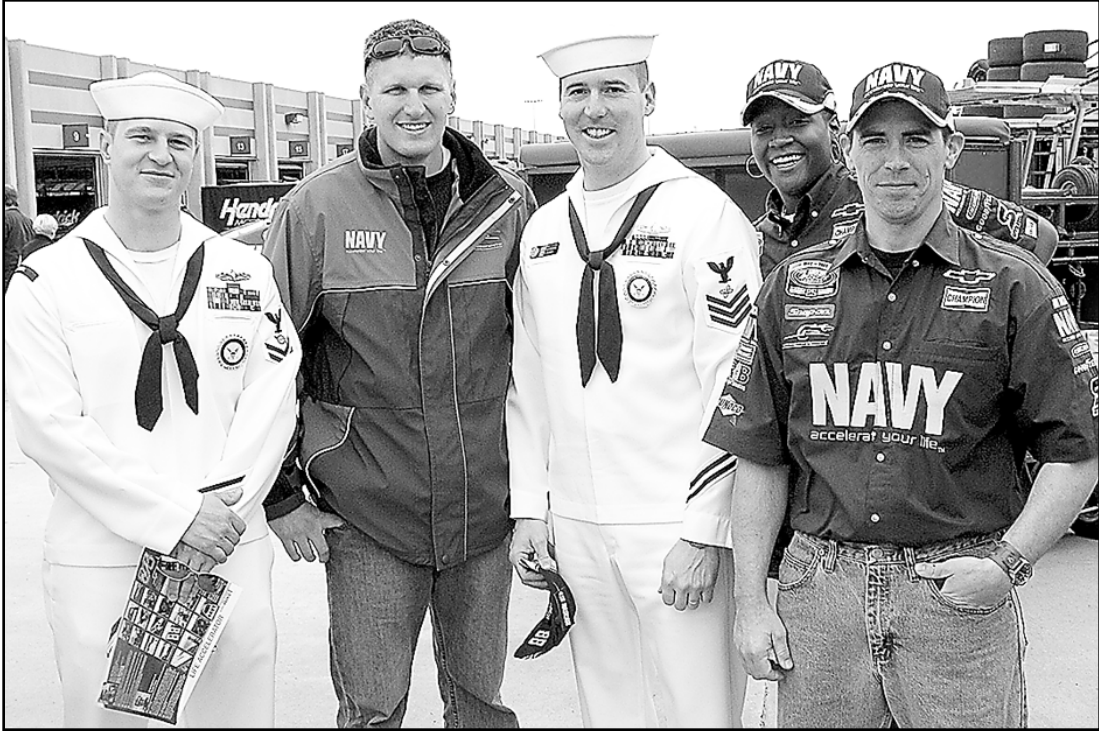
Luke 23:39-43 tells us "And one of the malefactors which were hanged railed on him, saying, If thou be Christ, save thyself and us. "But the other answering rebuked him, saying, Dost not thou fear God, seeing thou art in the same condemnation? "And we indeed justly; for we receive the due reward of our deeds: but this man hath done nothing amiss. "And he said unto Jesus, Lord, remember me when thou comest into thy kingdom. "And Jesus said unto him, Verily I say unto thee, Today shalt thou be with me in paradise." In these verses in Luke, we see that a man was saved by believing only. The malefactor did not, and was not instructed by Jesus, to pray, to receive salvation. He said unto Jesus, "Lord, remember me when thou comest into thy kingdom "And Jesus said unto him, Verily I say unto thee, today shalt thou be with me in paradise." **You don't fool Jesus**. Jesus **knew** that this man **believed** in Him; that this man **believed** that this Jesus that he was talking with was the Lord, The Messiah, the Only Begotten Son of God, the Savior, and in believing, the man was saved. Now if you think that you have to pray first, repeat first, or **anything** first, before believing, why did Jesus tell him "today thou shalt be with Me in paradise?" OR if there is a need to do for anything to go along with **believing**, why didn't Jesus tell him what that was? Jesus doesn't make mistakes! God's Word is true. You don't (really you can't), add to or take away from God's Word, and it be true. Just leave His Word alone, and do what God said, **believe**. Psalm 119:89: "For ever, O LORD, they word is settled in heaven." Revelations 22:18,19 "For I testify unto every man that heareth the words of the prophecy of this book, If any man shall add unto these things, God shall add unto him the plagues that are written in this book: "And if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life, and out of the holy city, and from the things which are written in this book." Take your Bible and check the references that we contained herein - nothing added to and nothing taken away; and when you hear "the plan of salvation" from anyone, get your Bible out and see if it is God speaking or "someone's" idea. I can't see "ten steps" to salvation, I can see only one step: **believe**. The malefactor on the cross had but one step, and he took it. You , I, we all have "one step," **believe**. Please take it, and believe in the Lord Jesus Christ for your salvation.

^All scripture references are from The King James Version, (Cambridge: Cambridge) 1769.

Texas Saddles up for Nascar



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BY JEFFREY NICHOLS
COMMANDER NAVY RECRUITING
COMMAND PUBLIC AFFAIRS

The No. 88 Navy "Accelerate Your Life" Monte Carlo rolls into the Texas Motor Speedway to participate in the O'Reilly 300 in Fort Worth, Texas, April 8.

Driver Mark McFarland will be at the wheel of Dale Earnhardt Jr.'s JR Motorsports-owned No. 88. McFarland is currently in the 21st position in the Busch Series standings, as of the March 25 race in Bristol. In the first six races, he has had an average start at the 31st position and an average finish at 23rd, earning him more than \$173,000, thus far.

"This car is super fast; I can't wait to

qualify and give the Navy a pole," McFarland said after posting the fastest time of the entire field at Bristol during practice. Due to heavy snow, qualifying laps were canceled, and the No. 88 car started in the 19th position and finished 31st.

The fleet honoree for the race will be the USS Chief (MCM-14). Chief's mission is to find, classify and destroy moored and bottom mines. Chief's highly advanced sonar equipment serves well not only in the mine-hunting environment, but also searching channels and shipping lanes for hazards to navigation. USS Chief is stationed at Naval Station Ingleside, Texas. The Fort Worth race will be televised live at 2 p.m. to a national audience on the FOX Network and broadcast on Performance Racing Network radio.

OOOPS!

COURTESY OF THE NAVAL
SAFETY CENTER

In the "surprise" category, we have an SKSN who got behind the wheel of the command vehicle and headed out to pay some official bills. Alas, during this jaunt, she failed to yield at an intersection while making a left turn, which resulted in a dramatic tête-à-tête with a civilian motorist. The SKSN totaled Uncle Sam's van, to the tune of \$16K, did another \$5K in damage to the other guy, and strained her knee and cut her hip. Don't you hate it when you go to pay some bills and end up creating more bills?

Meanwhile, a GS-9 recreation specialist was attending some training. Perhaps it was less-than-exciting, or maybe he was just stretching. Perhaps he just didn't listen to his parents, when he was growing up and they told him not to slouch. Whatever the reason, at some point in the proceedings, he leaned way back and fell out of his chair. His ensuing collision with the floor produced enough of an injury to make him lose one day of work. His supervisor promptly scheduled him for additional training on how to sit in a chair.

In the "unsurprised" category, we have an E-3 who got off work at 7:30 p.m. The first part of his plan for the evening was clear: to cruise to downtown San Diego and increase the evening's receipts at what the report called "various bar and pub establishments." The next part of the plan was a little murkier, namely, how to get home at 2:15 a.m. with a snootful. So he wobbled out to his SUV, aimed it toward the interstate and made it four miles, before he found his Nissan upside down and himself failing a couple of those tests where you have to walk heel-to-toe steps along a line and stand with your arms at your side and lift one leg six inches off the ground. He claimed another vehicle had "cut him off" and forced him

to swerve into an embankment. His credibility on this point, of course, was nil, because your average drunk driver's reaction time is pathetic. When you are sober and a nearby driver does something rude or stupid, it merely irritates you. When you are drunk, it becomes a disaster. Trees have been known to leap into the paths of drunk drivers. When they let him out of the holding cell the next afternoon, the fact that his SUV was worth \$500 less was the least of his problems.

Finally, there's the tale of a WG-8 who was installing a snowplow. One of his tools for this job was an ingenious device called a "creeper." Mechanics swear by them, and, if you ever have to scrunch your way back and forth under a car whilst battling some obscure, frozen bolts on the bottom of an engine, you would, too. Don't let that term "creeper" fool

you. They can quickly reach a surprising top speed, if you (as this mechanic did) put a hand on it and lean on it as you are lowering your body. Then it is more like a "racer." This worker — his job title was "heavy mobile equipment mechanic" — hyper-extended his shoulder. He thus added to his knowledge base of light mobile equipment.



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Morale, Welfare and Recreation



FAMILY MOVIE DAY!
at the Ellison Recreation Center
every Saturday 1 - 4 p.m.
(Movie begins at 1:30 p.m.)

The whole family is invited!
Drop by to enjoy a family rated movie and popcorn. Challenge your child to a game of pool, let them dazzle you with their video game prowess or just hang out together.

Sat. April 1 - *Shark Tale* - PG
Sat. April 8 - *Chicken Little* - G
Sat. April 15 - *Hoodwinked* - PG13
Sat. April 22 - *King Kong* - PG13
(please note that King Kong is 167 minutes long)

Family Movie Day is open to all MWR authorized patrons. MWR authorized patrons are defined as all personnel who live and work onboard Navy Mid-South as well as Active Duty, Retired, and Reserve Military Personnel, Naval Support Activity Mid-South civilian personnel and their family members. Youth under 18 must be accompanied by a parent or guardian 18 years of age or older.

Ellison Recreation Center bldg S-499 NSA Mid-South. (901) 874-5650.

In celebration of the Month of the Military Child - We're Putting on the Red Carpet with the VIP Red Carpet treatment and one free bag of popcorn for each guest.



Just the Facts

Mid-south Conference Center

Naval Support Activity

Contact 1: Chris O'Connor, Operations Manager
Contact 2: Pasty Dawson, Operations Assistance

Phone: Com: (901) 874-5198
DSN: (901) 882-5654
Fax: (901) 872-5655
Email: coconnor@nsams.navy.mil
pdawson@nsams.navy.mil

Website: www.nsamidsouth.navy.mil/mwr


Meeting Rooms: 5
Theaters: Gold Seats 425
Blue Seats 925

Meeting Capacity: Magnolia Rooms 100
Banquet Capacity: 100-250
Board Room Capacity: 20

Services: Our friendly, professional staff is committed to creating a unique experience for you occasion. NSA Mid-South Conference Center offers planning assistance, a variety of rooms to choose from, AV equipment, in-house catering or outside catering, golf packages, free parking and arrangements for site inspections. Comments: NSA Mid-South Conference is located near Memphis Tennessee home of The Blues and Rock 'n' Roll, Civil Rights Museum, Historic Beal Street, Peabody Place, FedEx Forum (Home to the Grizzlies and University of Memphis basketball teams), AutoZone Park (Home to the Redbirds baseball team).



Navy Mid-South Youth Center School-Age Care (SAC) priority placement registration Summer Day Camp '06.



Who's watching us during summer break?

Sponsors may register on or after the date listed for their category. A Waiting List (CEWL) will be established for any SAC program that exceeds the registration limit. Registration is held Tuesday, Wednesday and Thursday from 8:30 a.m.-2:30 p.m. Alternate registration days and times are available through appointment only. Enrollment Fee is non-refundable and is applied to first weekly fee. Sponsors: a \$5 deposit will also be accepted for each specific week reserved in each camper's name. Deposits will later be applied towards weekly fee. For further information, call 874-5155.

Category--camp '06 reg.-- begins

- 1--Single Active Duty--4 April
- 2--Dual Active Duty--5 April
- 3--Active Duty w/working spouse--6 April
- 4--Active Duty w/student spouse--11 April
- 5--Single DoD--12 April
- 6--Dual DoD--13 April
- 7--DoD w/working spouse--18 April
- 8--DoD w/student spouse--19 April
- 9--Active Duty w/non-working spouse--20 April
- 10--DoD w/non-working spouse--25 April
- 11--DoD Contractors-- 26 April
- 12--Active Duty Coast Guard--27 April

* Youth Program Forms available at Youth Center (Bldg. 936) or by accessing the Youth Center's webpage at nsamidsouth.navy.mil. NOTE: in the event that two sponsors' priority is equal, date and order of enrollment will determine placement on list (active and/or waiting).

Navy MWR Helps Celebrate Month of the Military Child

The Month of the Military Child, celebrated each April since 1983, recognizes the unique circumstances military children face, and emphasizes the need to help them adjust to those challenges.

"Being the son or daughter of a service member who is frequently deployed can be very difficult for children," said Larrie' Jarvis, Child and Youth Programs analyst, Commander, Navy Installations Command (CNIC), Millington, Tenn., Detachment. "Events and activities that celebrate the Month of the Military Child stress the importance of providing children with quality services and support to help them succeed in the mobile military lifestyle."

Navy Child and Youth Programs support operational readiness, mission accomplishment and retention by assisting Sailors in balancing the competing demands of family and work life. These programs assist in the positive development of Navy children and teens by providing developmental child care and youth recreational programs and services for eligible children ages 6 weeks to 18 years of age.

For more information on Navy Child and Youth Programs, visit www.mwr.navy.mil or www.nsamidsouth.navy.mil/mwr.

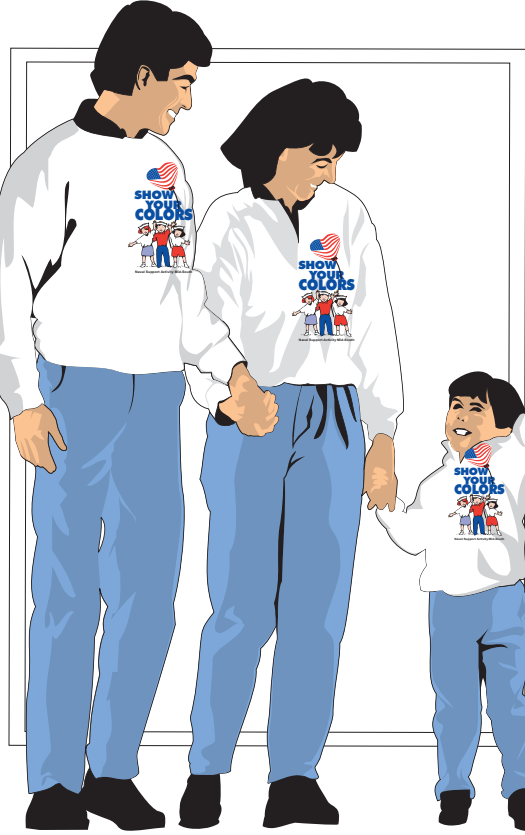
Activities and special offers for military personnel and their family members during the month of April courtesy of MWR!

Restaurant Services

Navy Mid-South families are invited to celebrate "Month of the Military Child" together at two special family friendly meal services at the Helmsman Restaurants.

#1 Thursday, April 13, 5 - 8 p.m. "**Month of the Military Child." Dinner Special.** Menu features "All-you-can-eat" spaghetti, pizza buffet with Italian green beans, garlic bread, soup and salad bar and soft drink. Dinner: adults \$5.50, children \$4.

#2 Saturday, April 22, 9 - 11 a.m. "**Month of the Military Child." Breakfast Special.** Menu features Scrambled eggs, sausage, bacon, fruit, French toast, orange juice and milk. Call (901) 874-5132 for more information. Breakfast: adults \$5.50, children \$3.50.



This year's theme is "Catch the Excitement!"

Fitness Program

Month of the Military Child KidFit Celebration Friday, April 8. Special KidFit day for all children ages 2 to 4 years old. Call (901) 874-5497 for more information.

Community Services

In celebration of the "Month of the Military Child" the Ellison is going to literally roll out the red carpet for our military children each Saturday during the month of April. Military families and all other authorized patrons are invited to come out for Ellison's "**Month of the Military Child" Special Family Movie Days** every Saturday from 1 p.m. - 4 p.m. at the Ellison Recreation Center. The staff is sprucing up the center in preparation make each child feel like a star. Movie line up features a selection of PG and PG-13 family friendly action and adventure films. Ellison opens at 1 p.m., movie starts at 1:30 p.m. Family Movie Days end at 4 p.m. Youth under 18 must be accompanied by a parent or guardian 18 years of age or older. Children treated to free bag of popcorn every Saturday. Call the Navy Motion Picture program Manager (901) 874-5650 for more information.

CDC/CDH Program

"Week of the Young Child" April 2-8 is sponsored by the National Association for the Education of Young Children (NAEYC), is an opportunity for early childhood programs across the country, including child care and Head Start programs, preschools and elementary schools, to hold activities to bring awareness to the needs of young children.

Parent Opportunities:

"Read to Me" April 11, 11 a.m.-12 p.m. and 6 -7 p.m. there will be information available on how to help your child learn pre-reading skills

"Sign to Me" April 18, 11 a.m.-12 p.m. and 6 -7 p.m. there will be information available on how to incorporate sign language in the life of your child

"Guiding Young Children to Make Appropriate Choices" April 25 11 a.m.-12 p.m. and 6 -7 p.m. there will be information available on ways to help your child respond to positive guidance

Wacky Wednesdays:

"Hat Day" April 5 caregivers and children wore the hats of their favorite team. They had the option of choosing any college, professional or sport team.

"Pajama Day" April 12 children will show us the excitement of nighttime and wear their pajamas all day!

"Denim Day" April 19 Children will wear denim all the fun and excitement that goes with it.

"T-Shirt Day" April 26 each class will wear a special color just for them that will be imprinted with the month's theme at the MWR Screen print shop. Parents if you have a child enrolled in the CPY program should see your room parent or caregiver for more details.

Passports April 28 all passports are due to the CDC, Youth Center or Homes by noon

Also tentatively scheduled

CDH goes on the Road (Date to be announce) CDH providers invite preschool families to join them at the Youth Center for a drive-in good time!

"Child Abuse Prevention" April 21 begins at 10 a.m., representative from Fleet and Family Services will be at the CDC to share information and materials.

"International Dinner" April 21 starts at 11 a.m. at the CDC with your favorite dishes at our world-class potluck! Check with your room parent or caregiver for more details.

Youth/Teen Center

Saturday Play. The fun doesn't end on Friday! Saturday Play is held each Saturday this month from 1-5 p.m. for kindergarten-5th graders. Registration in the Before and After school program IS NOT required! Drop the kids in while you go catch some zzz's or clean house or go shopping. For more information call (901) 874-5155. **Month of the Military Child Play Day Special.** Active Duty military and retired military kids can join us for \$1, all other eligible kids pay the regular fee (\$3 per child.)

Family Recreation Night is held each Monday at the Youth Center from 5:30-7:30 p.m. Challenge the kids a game of Foosball or enjoy a movie. Free popcorn for Military families!

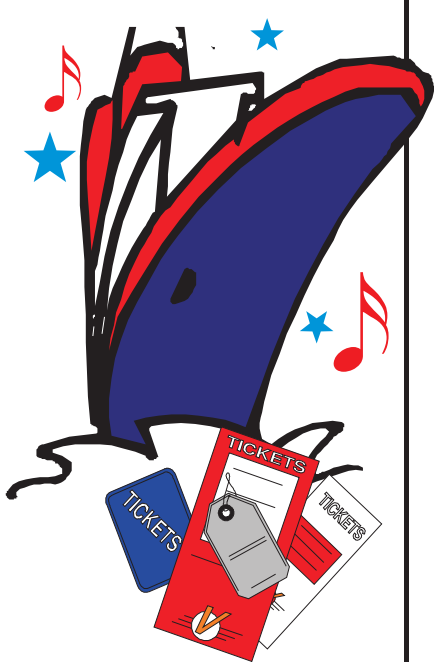
Friday, April 21 youth in kindergarten-5th grade are invited to join us for **Special Kid's Night Out**. Fee covers supervision, pizza, lemonade and all the fun activities and games here at the Youth Program Center. Space is limited so drop by and register today. Deadline to register April 10. For more information call (901) 874-5155. Active Duty military kids can join us for \$5. Fee for all other eligible patrons \$10. Call (901) 874-5155 for more information regarding Youth program activities.

Family Skate Night is offered at the N-82 Gym each Saturday from 7-10pm. Parents skate for FREE! Admission of \$3 includes skates. Month of the Military Child Special: military and retired military kids get in for \$1. Be sure to have your ID!

Teen Center Monthly Membership for April is reduced to \$3 for military and retired military teens in grade 6 and up. Bring your ID or pay the regular fee of \$5! Haven't been to S-770 yet? Your first two visits are FREE! Drop by to check out a list of their April activities.

Morale, Welfare and Recreation

ITT vacation and ticket offers



Information, Tickets and Travel office is located in Bldg. S-760
ITT office open
Monday-Friday 9 a.m.-5 p.m.
1st and 3rd Saturday each month 10 a.m.-2 p.m.
Closed Sundays, and holidays
For more information call
(901) 874-5455/5652,
1-800-779-4252 or
Fax: (901) 874-5322.

Special Disney Cruise rates for Active Duty Military (Offer for March and April 2006)

7-Night Cruise!
From...\$999.00 per adult (Standard inside Stateroom)

3-Night Cruise!
From...\$549.00 per adult, \$399 per child (3-12) (Deluxe Outside Stateroom)

Special Disney Cruise rates for Active Duty Military! (Offer for March and April 2006) Disney Cruise Lines is pleased to announce an offer for Active Duty Military Personnel to experience a Disney cruise vacation. Choose a 7-night cruise to the Eastern or Western Caribbean or a 3-Night cruise to the Bahamas. Enjoy spectacular shows, fantastic programs, unique rotation dining, legendary Disney hospitality and an unforgettable adventure in paradise at Disney's own private island, Castaway Cay. To book a Disney Cruise Line vacation contact Your Cruise Specialist: Gina Parsons 874-5288 Gina.Parsons@navy.mil or Bonnie McDaniel 874-5304 Bonnie.McDaniel@navy.mil. Information, Tickets and Travel Office, in the Helmsman Complex Bldg. S-760 Navy Mid-South or call (901) 874-5652/5455, 1-800-779-4252.



ITT has your tickets to the Symphony!
"Pink Martini" at the Cannon Center
Saturday, April 29 at 8 p.m.
(lower balcony) \$32.50



Kirkwood Golf Course Outing May 2

Warm, sunny days are just around the corner -- Join ITT on a golf outing to Kirkwood National Golf Course Tuesday, May 2. "Kirkwood National offers golfers of every level of playing ability a challenging experience." Since opening in 1195, the championship par 72 course has consistently received high rankings from Golf Digest. "Dramatic elevation changes, wood valleys, creeks and lakes add challenge to your round." Depart Glen Eagle Golf Course 7:30 a.m. Arrive at Kirkwood approximately 9 a.m. First tee time 9:15 a.m. Length of play - 4 1/2 hours. Depart Kirkwood around 2:30 p.m. Return to Glen Eagle around 4 p.m. Cost includes transportation on ITT's comfortable, restroom equipped coach bus, soda/water and plus golf fees and cart. Visit ITT to register by Monday, 24 April. Space is limited. Cost \$43 per person.



NASCAR Season tickets

Stop by ITT to order your season ticket and receive a free T-shirt or cap along with your welcome package. NASCAR Passes include "Best Seat," "Premium parking" (\$20 value,) "NASCAR Practice tickets" (Truck Series practice-\$15 value and Busch Series practice (\$15 value,)"Fan Fest," "Fan Walk," (infield access to both races \$30 value) and "Merchandise discount card," Craftman Truck Series July, 15 (\$45 value.) NASCAR Busch Series Oct. 29 (\$55 value) Tickets will be mailed 6 weeks before race day. Discount season tickets \$99.50 at ITT.

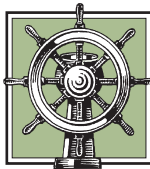


Cardinals vs Dodgers at New Busch Stadium!
ITT Overnight trip scheduled July 14-15

Single \$245 • Double \$340 • Triple \$435• Quad \$530

Cost includes tickets to the game; deluxe hotel accommodations at the Sheraton Hotel St. Louis; round trip transportation onboard MWR Coach Bus; sodas/water and movies en route; and Anheuser Busch Brewery Tour admission. Deadline:Deadline to sign up June 14, 2006.

... Dining...



at the HELMSMAN COMPLEX

Bldg. S-760 Navy Mid-South....for information call 874-5132

Join us for lunch and more!
Lunch served 10:30 a.m.-1 p.m.
Monday - Friday

(See calendar below for daily buffet entree menu.)

\$5²⁵ Value Spotlight

Daily Plate Lunch special

Your choice of one of the entree items from the buffet, one starch, one vegetable and a side salad or cup of soup with rolls plated from the buffet selections by your server.



Easter Brunch
Sunday, April 16
11 a.m. - 2 p.m.
in the Helmsman Complex Ballroom

Tennessee sugar cured ham,
roast tom turkey with giblet gravy,
top round of beef au jus,
southern style cornbread dressing,
candied yams,
mashed potatoes with gravy,
whole kernel corn, Italian green beans,
crisp fried okra,

bacon, sausage links, scrambled eggs,
French toast, rolls biscuits,

Caesar salad, mushroom salad,
pasta salad, fruit salad,

Cookies-N-Cream pie,
strawberry pie, key lime pie,
Chocolate Seduction cake.

Adults \$9
Children (age 5-10) \$5.25
Children 4 and younger eat free

Reservations recommended
Please call 874-5442
Walk-ins seated as tables become available.



1st one of the year!
Mongolian BBQ
Friday, April 28, 5-8 p.m.

Cost: 60 cents per oz.

IN THE COMING WEEK!

APRIL 6-15, 2006

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><p>Enjoy a FREE picture show in our 36-seat movie theater.</p><p>Popcorn and snacks available. All shows start at 7 p.m. unless otherwise specified.</p><p>Ellison Recreation Center is open to active duty, retired, reserve military members, DoD employees and their family members. Patrons must be 18 years or older to attend.</p></div>	<div><p>Helmsman Lunch Buffet 10 Baked Meatloaf Southern Fried Chicken</p><p>Family Recreation Night 5:30-7 p.m. at Youth Center Call 874-5155 for details!</p><p>Karate (Shorin-Ryu) 5:30-7 p.m. at Youth Center</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>The Producers</i> (PG 13)</p></div>	<div><p>Helmsman Lunch Buffet 11 Oven Roasted Pork Loin Stuffed Bell Pepper</p><p>Movie Premier Night Featuring King Kong! Ellison Recreation Center starts at 5:30 / movie at 7 p.m. (must be 18 or older)</p><p>Free Movie 6 p.m. at the Ellison Rec. Center <i>King Kong</i> (PG 13)</p></div>	<div><p>Helmsman Lunch Buffet 12 Southern Fried Chicken Beef Stroganoff</p><p>BINGO 4-10 p.m. Bingo Hall!</p><p>Family Recreation Night 5:30-7 p.m. at Youth Center Call 874-5155 for details!</p><p>Karate (Shorin-Ryu) 5:30-7 p.m. at Youth Center</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Rumor Has It</i> (PG 13)</p></div>	<div><p>Helmsman Lunch Buffet 13 Roast Beef Pit Smoked Ham</p><p>Tennis League April-June</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Title to be announced</i></p></div>	<div><p>Helmsman Lunch Buffet 14 Fried Catfish Smoked Sausage</p><p>Friday night Tunica trip Call (901) 874-5455</p><p>Kid's Night Out Youth Center Register today! 874-5155</p><p>BINGO 4-10 p.m. Bingo Hall!</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Title to be announced</i></p></div>	<div><p>Ballet, Jazz and Tap Class 8 every Sat. 8 a.m.-12 p.m. at the Conference Center</p><p>Softball League (SP Men's rules) April-July</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Title to be announced</i></p></div>
<div><p>Palm Sunday 9</p><p> Free lunch every Sunday in April! Eagle's Peak Grille for children of Military families age 12 and under 11 a.m. - 1 p.m.</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Glory Road</i> (PG)</p></div>				<div><p>Helmsman Lunch Buffet 13 Roast Beef Pit Smoked Ham</p><p>Passover</p><p>Month of the Military Child Dinner Special 5-8 p.m. Helmsman</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>Underworld: Evolution</i> (R)</p></div>	<div><p>Helmsman Lunch Buffet 14 Fried Catfish Smoked Sausage</p><p>Good Friday</p><p>Poor Man's Tax Party Ellison Recreation Center starts at 6 p.m.</p><p>Good Friday Play Day Youth Center (874-5155)</p><p>Easter Bingo Special 4-10 p.m. Bingo Hall!</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>The Last Holiday</i> (PG 13)</p></div>	<div><p>Ballet, Jazz and Tap Class 15 every Sat. 8 a.m.-12 p.m. at the Conference Center</p><p>FAMILY MOVIE DAY! Ellison Rec. Center 1-4 p.m. (Movie begins at 1:30 p.m.) <i>Hoodwinked</i> (PG)</p><p>Family Skate Night 7-10 p.m. N-82 Gym For info call 874-5155</p><p>Free Movie 7 p.m. at the Ellison Rec. Center <i>The Matador</i> (R)</p></div>

Prepare for the retirement transition

BY LT. CMDR. TOM CREELY, U.S. NAVY RETIRED
AS TOLD TO ARLENE H. HULL FOR LIFELINES

Recently, I retired from active duty in the U.S. Navy. Five years before my retirement, I started putting things in motion to help ensure a smooth transition from life in the Navy to life as a civilian. Even with all the planning I did, if I could step into a time machine and go back, there are things I would have done differently.

First, I would start planning for my retirement the day I entered the Navy, not the day I started thinking about retirement. The most important question I needed to answer was: What would I do with my retirement? Would I start a second career, or was this really going to be a golden-years retirement, filled with golf courses or fishing lures? Secondly, I had to determine what my financial needs and obligations would be once I retired.

Some military careers can

transfer straight into a civilian career, but if yours doesn't, then identify your civilian or second-career interests early in your military career. Once you've done that, stay current with the education demands and changing trends for that line of work. Build a network of contacts to help you identify those changing trends.

If, for some reason, it had been necessary for me to retire to a certain location, it would have been a good idea to try to arrange for my last duty station to be as close to that general area as possible. Fortunately, I was able to find employment as a civilian in the same location as my last military duty assignment. Having a spouse who was already employed in the immediate area was something that had to be considered, as well.

I attended several retirement transition seminars offered by the Navy and civilian sponsors. I wish I had started earlier and attended more of them; there is always one more little tip or piece of information that's useful. I would encourage everyone to

seek professional counseling or sessions with a mentor to help you sort out all the changes you'll be going through as you transition to civilian life. Most civilian employers do not have the same command structure and operating procedures as the military. This takes some getting used to; you'll probably have to adjust how you interact with your co-workers.

Many of the changes you will go through will affect not only you, but your family, as well. Warn them about these, and encourage family members to attend seminars and workshops with you. Tell them not to be shocked when you don't get your hair cut as often, or when you throw out every pair of black socks you own and start to dress differently. Also, be aware that, unlike active-duty paydays, military retirement paydays are only once a month.

Most important, have fun along the way. Think of this as another one of those great adventures the Navy has been offering you for years.

AMERICAN CHOPPER



Be Careful Out There - A Motorcycle Driving Safety Course was conducted on base last Wednesday. The class is held once a month, except during the winter. The course is required for all active duty military personnel who operate a street legal motorcycle. It is necessary for civilians and military personnel in order to get a base decal. The next class will be held Apr. 18-19. To sign up for a class, call 874-5506. (Photo by David Crenshaw)

Crossword:

Brought to you by

Webster UNIVERSITY

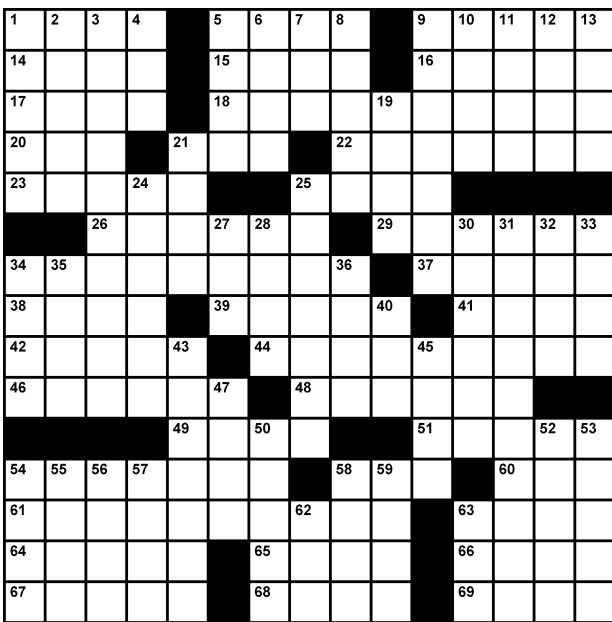
ACROSS

- 1 The O'Hara place
- 5 Sylvester's trademark
- 9 Arm of the sea, e.g.
- 14 Like some grins
- 15 It all comes out in the wash
- 16 Nigerian money
- 17 Nonpoisonous, e.g.
- 18 Site for a fight
- 20 "we meet again"
- 21 Symbol of slipperiness
- 22 "Tender" (Duvall film)
- 23 Tornado siren, e.g.
- 25 Modicum
- 26 Key on a keyboard
- 29 Long looks
- 34 College faculty members
- 37 Deteriorate
- 38 Word with "ho!"
- 39 "Guilty" and "not guilty"
- 41 Pond growth
- 42 Emotional heat
- 44 Living room pair, perhaps
- 46 Cordword measures
- 48 Beyond merely forgetful
- 49 Rotunda topper
- 51 Hat type
- 54 Pacify
- 58 Jack's predecessor
- 60 Lobster coral
- 61 One place to find several traps
- 63 Lets loose the attack dogs
- 64 George who was Mary Ann
- 65 Fill to the brim
- 66 Some years back
- 67 Prognosticators
- 68 Harrow rival
- 69 Sliding runners

DOWN

- 1 Outer layer of a seed
- 2 To no (useless)
- 3 One place shots may be heard
- 4 Barley brew
- 5 Brain part
- 6 Object of blind devotion
- 7 Baseball's White
- 8 Top-rated
- 9 Thankless fellow

- 10 Pot plant?
- 11 CVI halved
- 12 Sea eagle
- 13 Plates that travel
- 19 Is left with
- 21 Suffix with super
- 24 Obviously more embarrassed
- 25 Infuriate
- 27 Stereotypically blind
- 28 Steam up
- 30 Fit for farming
- 31 Where you'll go round and round
- 32 Trim or rim
- 33 Wet septet
- 34 Expression of regret
- 35 Isn't able



- 36 Name pronounced "Shar-day"
- 40 B&O stop
- 43 Blue-pencils
- 45 Right-hand man
- 47 Middlin'
- 50 River in western Europe
- 52 Lawn game (Var.)
- 53 Some Twenty Questions replies
- 54 Nears retirement
- 55 Either end of a magnet
- 56 Ballerina's knee bend
- 57 Get an effort
- 58 Colon translation
- 59 Peachy follower
- 62 Scoundrel
- 63 It replaced CQD

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